

COPE NEWSLETTER N 3

ENABLING ADULT EDUCATORS TO COPE WITH AGGRESSIVE BEHAVIOUR OF DISADVANTAGED LEARNERS

Project no.: 2022-1-ES01-K220-ADU-000088918



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SPOOC COPE

OBJECTIVES OF WORK PACKAGE 3

The objectives of this work package have been:

1. To prepare an open and self-taught online course (SPOOC) for specialists, adult educators working with and training people with mental and/or intellectual disabilities;
2. To develop the competences of the project partners in managing and reducing the aggressive behaviour of their different adult learners (based on some peculiarities of the target group to be taken into account);
3. To additionally train 20 adult educators, teachers, trainers, social workers, etc. in each country using the created SPOOC.
4. Organise TPM2 to agree on the final structure of the SPOOC, each module, timelines, LTTA, etc.
5. Organise LTTAs for peer-to-peer training on the developed modules of the MOOC.

This work package has contributed to the overall objectives of the project:

1. to create practical application materials for adult educators in the field of aggressive behaviour prevention, management, reduction strategies - SPOOC with 7 modules to better understand aggressive manifestations of different target groups;
2. To improve the knowledge and skills of adult educators in the field of prevention, management and reduction strategies of aggressive behaviours, which will be achieved through national training in SPOOC and LTTA;
3. To support adult educators with successful techniques, methods to build their own emotional resilience to better cope with more difficult situations in their work with people with mental and/or intellectual disabilities - contributing to this objective mainly through 2 SPOOC modules dedicated to this topic and LTTA activities;
4. And as a consequence of the above objectives, to contribute to a better inclusion of people with mental and intellectual disabilities in educational activities.

Modules



1. Aggression
2. Communication strategies
3. Body language
4. Conflict management
5. Social and emotional skills
6. Building resilience I
7. Building resilience II

Results

THE MAIN RESULTS OF THIS WORK PACKAGE HAVE BEEN:

- 1) PREPARATION OF GUIDELINES FOR PARTNERS ON MODULE STRUCTURE;**
- 2) PREPARATION OF 7 MODULES;**
- 3) LTTA (PEER TO PEER TRAINING) IN LITHUANIA DURING 3 DAYS ORGANISED;**
- 4) 7 VIDEOS OF MODULES PREPARATION UPLOADED TO SPOOC;**
- 5) SPOOC WITH THE MATERIALS DEVELOPED BY THE PARTNERS PREPARED;**
- 6) NATIONAL TRAINING WITH AT LEAST 20 TRAINED SPECIALISTS PER COUNTRY (AT LEAST 100) PREPARED AND FEEDBACK FOR IMPROVEMENT COLLECTED WITH 1 QUESTIONNAIRE. IN ARTIES 20 FROM BULGARIA PARTICIPATED.**
- 7) 21 PARTICIPANTS FROM PARTNER ORGANISATIONS TRAINED FOR 21 HOURS DURING LTTA.**

OTHER RESULTS OBTAINED HAVE BEEN:

- 1. A NEW TOOL PREPARED FOR ADULT EDUCATORS, TEACHERS, TRAINERS, SOCIAL WORKERS, EDUCATIONAL STAFF OF DIFFERENT ORGANISATIONS DEALING WITH THE FINAL BENEFICIARIES OF THE PROJECT (NGOS, PUBLIC, PRIVATE BODIES) ON OBSERVATION OF SIGNS, UNDERSTANDING OF NATURE, BODY LANGUAGE, COMMUNICATION STRATEGIES, PREVENTION, DE-ESCALATION, MANAGEMENT OF AGGRESSIVE BEHAVIOUR, ETC. OF PEOPLE WITH DIFFERENT MENTAL AND/OR INTELLECTUAL DISABILITIES;**
- 2. ADULT EDUCATORS (IN ITS BROADEST SENSE) KNOWLEDGE, IMPROVED COMPETENCES OF WORKING WITH PEOPLE WITH MENTAL AND/OR INTELLECTUAL DISABILITIES;**
- 3. PREPARATION OF ADULT EDUCATORS WITH INFORMATION ON HOW TO DEVELOP THEIR EMOTIONAL RESILIENCE IN ORDER TO WORK SUCCESSFULLY WITH PEOPLE WITH DIFFERENT MENTAL AND/OR INTELLECTUAL DISABILITIES;**
- 4. PREPARATION OF DIDACTIC MATERIAL IN THE LANGUAGES OF THE PARTNERS.**



Bienvenidos a la plataforma SPOOC de COPE WITH AGGRESSION

Este SPOOC tiene como objetivo capacitar a los educadores de adultos para hacer frente al comportamiento agresivo de los alumnos desfavorecidos. El SPOOC consta de 7 módulos. Una vez que haya completado todos los módulos, recibirá un certificado por correo electrónico. ¡BUENA SUERTE!

Iniciar

Programa del curso

1. GESTIÓN DE LA AGRESIVIDAD EN PERSONAS CON PROBLEMAS MENTALES Y/O INTELLECTUALES

2. ESTRATEGIAS DE COMUNICACIÓN EN PERSONAS CON PROBLEMAS INTELLECTUALES

3. LENGUAJE CORPORAL EN PERSONAS CON PROBLEMAS MENTALES Y/O INTELLECTUALES



You can find more information about the project on the website: <https://copewithaggression.eu/>



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